



## COVID-19 Pandemic Face to Face Appointments

We are now open for face to face appointments for urgent cases. Please see below for what is considered appropriate criteria for a face to face consultations:

### **Patients who are appropriate for face to face are those:**

- in severe pain
- who are not responding to self-management strategies and are struggling to cope
- where symptoms are deteriorating
- where face-to-face assessment is deemed a priority in their management

### **Patients who are NOT appropriate for face to face are those:**

- who belong to the COVID-19 'clinically very vulnerable group'
- who have or suspect they may have COVID-19
- who have been in contact with suspected or confirmed cases of COVID-19 in the month prior to attending
- who have manageable levels of pain
- who have not tried self-management strategies
- who could reasonably benefit from a remote/virtual consultation

Find out more about virtual physiotherapy consultations [here](#).

*If you have any questions, then please get in contact with the clinic.*